

वैद्य राजेश कोटेचा Vaidya Rajesh Kotecha



मचिव

भारत सरकार

आयुर्वेद, योग व प्राकृतिक चिकित्सा युनानी, सिद्ध एवं हांम्यांपैथी (आयुष) मंत्रालय आयुष भवन, 'बी' ब्लाक, जी.पी.ओ. कॉम्पलेक्स, आई.एन.ए., नई दिल्ली-110023

SECRETARY **GOVERNMENT OF INDIA**

MINISTRY OF AYURVEDA, YOGA & NATUROPATHY UNANI, SIDDHA AND HOMOEOPATHY (AYUSH) AYUSH BHAWAN, B-BLOCK, GPO COMPLEX INA; NEW DELHI-110023

> Tel.: 011-24651950, Fax: 01124651937 E-mail: secy-ayush@nic.in

D.O. No. S-11012/06/2018-Y&N Cell

Dated: 15th June, 2018

Dear Sir/ madam.

As you are aware, 21st June is observed as International Day of Yoga (IDY) every year. This practice started in 2015, when at the initiative of Hon'ble Prime Minister Shri Narendra Modi, the United Nations General Assembly took a historic decision to declare 21st June as the International Day of Yoga. As you would agree, this worldwide acceptance of Yoga is a matter of pride for our country, as Yoga is an integral part of our cultural and spiritual heritage.

- I am happy to inform that the Mass Yoga Demonstration of Main Event of the 4th International Day of Yoga which falls on 21st June, 2018 is being organized at Forest Research Institute Grounds, Uttarakhand.
- 3. Government officials and staff of different Ministries/Departments/Organization are an important part of this celebration.
- I would be grateful if you could issue necessary instructions to all offices of your Ministry/Department/Organization and attached & subordinate offices located in Dehradun and nearby areas to participate in the Mass Yoga Demonstration of main event of IDY-2018, where Hon'ble Prime Minster will be participating. They may contact Shri R. K. Sudhanshu, Secretary (AYUSH), Uttarakhand for the same.

With regards.

Yours sincerely,

(Rajesh Kotecha)

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All Secretaries to Government of India